Hispanic Middle School students report highest rates of ever using e-cigarettes.

KEY FINDINGS FROM THE 2021 NATIONAL YOUTH TOBACCO SURVEY

Hispanic Middle School students reported highest rates of ever using e-cigarettes. 8.4% and 7.0% for non-Hispanic black.

KEY FINDINGS FROM THE
2021 NATIONAL YOUTH TOBACCO SURVEY

Middle and High School students report

SYMPTOMS OF PSYCHOLOGICAL DISTRESS are a significant factor in tobacco use.

The survey included questions to assess psychological distress and found that as the severity of symptoms for students increased so did the percent who used tobacco:

- Severe symptoms: 14.2%
- Moderate symptoms: 11.2%
- Mild symptoms: 9.6%
- No symptoms: 5.5%

Self reported grades in school declined as ever use of any tobacco product increased.

Among current e-cigarette users, the most common reason for current use was “I am feeling anxious, stressed, or depressed” — 43.4%.

KEY FINDINGS FROM THE 2021 NATIONAL YOUTH TOBACCO SURVEY

Middle and High School students report FLAVORED TOBACCO has a big impact.

79.1% of Students who currently use any tobacco product reported using flavored tobacco product(s) in the past 30 days.

- 80.2% High School
- 74.6% Middle School

FAMILY INCOME was not a factor in tobacco use.

Ever use
- Low: 24.4%
- Medium: 22.3%
- High: 24.0%

Current use
- Low: 9.2%
- Medium: 7.7%
- High: 8.8%