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## Nuestras Voces (Our Voices) Network

[nuestrasvoces.org](https://nuestrasvoces.org)

### Upcoming Webinar: Towards Ending the Confusion About Breast Cancer Screening



#### **Nuestras Voces & WISDOM Study Joint Webinar**

Join us in this webinar, to hear a panel of experts from the WISDOM Study discuss the importance of breast cancer screening and how the WISDOM Study is working to determine how to best screen women from diverse communities.

**Date: January 14, 2021**

**Time: 2:00pm ET/ 11:00am PT**

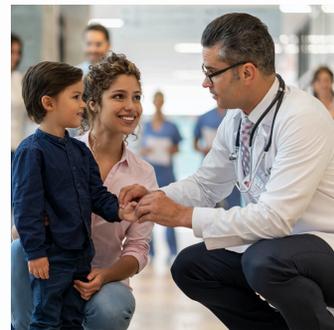
#### **Panelists:**

**Laura Esserman, MD, MBA**, Director, UCSF Carol Frank Buck Breast Care Center & WISDOM Study PI

**Celia Kaplan, DrPh, MA**, Co-Investigator, WISDOM Study, UCSF

[REGISTER HERE](#)

Tools &  
Resources  
in Spanish  
from the  
American Lung  
Association



Visite la página web de la American Lung Association en español <https://www.lung.org/espanol> donde encontrará herramientas y recursos para ayudarle a mantener sus pulmones sanos. Este portal ofrece ayuda para dejar de fumar así como información sobre cómo controlar el asma, sobre el COVID-19, sobre las

## Bilingual Training Opportunity on Hereditary Breast and Ovarian Cancer and Genetics: **PROGRAMA DE ÁRBOLES**



Georgetown University Lombardi Cancer Center's **PROGRAMA DE ÁRBOLES FAMILIARES** is now accepting applications **for a free training** about cancer genetics and hereditary breast and ovarian cancer, to be held virtually beginning in February 2021. The program provides skills for: Risk identification of women at high risk, referral and navigation of appropriate patients to genetic services, and communication about cancer risk.

**Eligibility:** Bilingual English-Spanish: *Promotores de salud*, lay health advisors, patient navigators, community outreach and health educator professionals connected with a clinic, hospital or agency that provides services to Hispanics. (Participants need to have a computer with internet access to participate in this training).

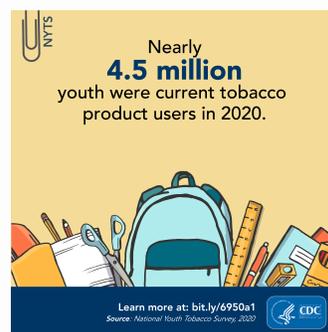
For more information, please call call (877) 201-4703 or email [arboles@georgetown.edu](mailto:arboles@georgetown.edu)

**APPLY TODAY**

**Happy New Year!**  
**Tips for a New Year: Quit-**  
**Smoking Medicines**

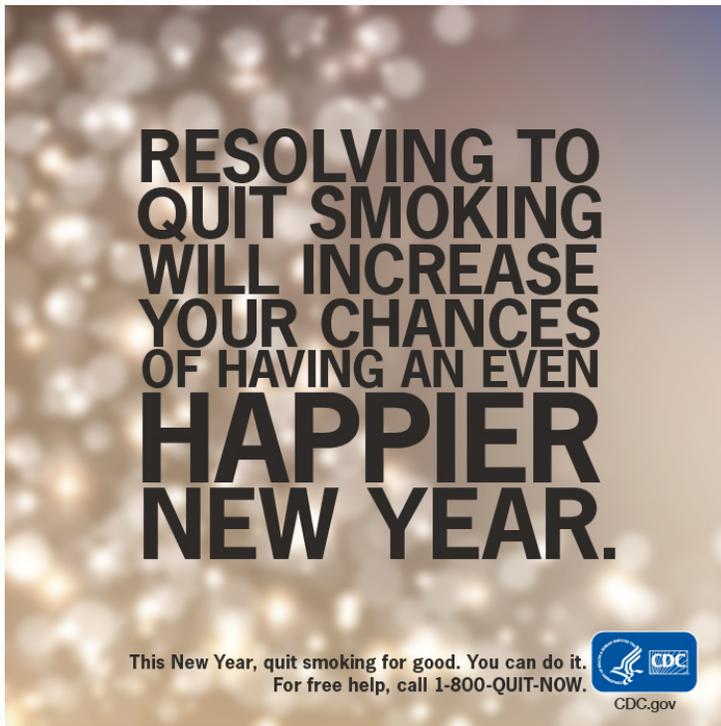
enfermedades pulmonares que lo afectan a usted y a su familia, y una biblioteca interactiva con materiales como videos, hojas informativas, infografías y otros recursos útiles para pacientes y cuidadores.

## Research Spotlight



### **Tobacco Product Use Among Middle and High School Students, United States, 2020**

CDC, in collaboration with the FDA, analyzed data from the 2020 National Youth Tobacco Survey. During 2019–2020, decreases occurred in current use of any tobacco product, any combustible tobacco product, multiple tobacco products, e-cigarettes, cigars, and smokeless tobacco among both high and middle school students. These declines resulted in an estimated 1.73 million fewer current youth tobacco product users in 2020 (4.47 million) compared to 2019 (6.20 million). During 2019–2020, no change



occurred in the use of cigarettes, heated tobacco products, hookah, or pipe tobacco. The comprehensive and sustained implementation of evidence-based tobacco control strategies, combined with regulation by FDA, is warranted for continuing progress toward reducing and preventing tobacco product use among U.S. youths. To read the full article click [HERE](#).

Using quit-smoking medicines can help you go smokefree this year—yes, even if you’ve tried them before! And there has never been a better time to quit. A recent Surgeon General’s report found that quitting cigarettes can have big health benefits, including reducing the risk of heart disease and stroke, chronic obstructive pulmonary disease, and several types of cancer. Learn more [HERE](#).

## ***Nuestras Voces* Membersip**





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National Alliance for Hispanic Health  
1501 16th Street NW  
Washington, DC 20036

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