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Nuestras Voces (Our Voices) Network
nuestrasvoces.org

Raising Awareness About Pancreatic Cancer

Buena Salud® Club
1-866-783-2645



Hablemos acerca del cáncer de páncreas

 

Pancreatic cancer is among the top causes of cancer-related deaths among Hispanics. **Nuestras Voces Network** is partnering with **Let's Win! Pancreatic Cancer** to raise awareness about the symptoms and risk factors of the disease among Hispanics. Consumers can visit **Let's Win! Pancreatic Cancer** website (www.letswinpc.org) for bilingual information on pancreatic cancer or contact the Alliance's *Su Familia* Helpline at 1-866-783-2645 to find a healthcare provider in their

News

CDC Networks Release Policy Statement on the Impact of Menthol on Tobacco Disparity Populations

networking
**HEALTH
EQUITY** 

According to the Centers for Disease and Control and Prevention (CDC), many populations that experience tobacco disparities also use menthol at higher rates than the national average. Tobacco use causes 1 cancer, heart disease, stroke, lung diseases, diabetes, and chronic obstructive pulmonary

of Hispanic current daily cigarette smokers and

of Asian American current daily cigarette smokers

Tobacco use is the number 1 cause of preventable deaths in the United States. The good news is that a majority of smokers want to quit, including

READY TO TAKE THE NEXT STEP?

Help is out there! These smoking quitlines offer FREE in-language services!

THE ASIAN SMOKERS' QUITLINE

Provides in-language, one-on-one phone counseling, free nicotine patches, and self-help materials

Chinese 1-800-838-8917
Korean 1-800-536-3565
Vietnamese 1-800-778-8440
www.asiansmokersquitline.org

SMOKEFREE ESPAÑOL

Provides Spanish-speaking calls with Spanish language support, tips, and expert advice on quitting

1-855-OSALO-YA (U.S. 335-3669)
espanol.smokefree.gov

For English speakers call 1-800-QUIT-NOW (1-800-784-4669)

Learn from FORMER Smokers

The CDC's "Tips from Former Smokers" campaign highlights real stories from former smokers and non-smokers affected by tobacco. The website provides free valuable resources and materials for smokers who want to quit and for anyone who wants to help someone quit. Visit their website at www.cdc.gov/tobacco/campaign/tips

For Spanish language visit www.cdc.gov/tobacco/campaign/tips/spanish

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A SIMPLE GUIDE TO START YOUR TOBACCO-FREE LIFE

2010 841-1147 appael@health.org

1-866-783-2643 healthinamericas.org

What is your Reason to Quit Smoking?, a cessation toolkit developed by *Nuestras Voces* (Our Voices) Network and the Asian Americans, Native Hawaiians and Pacific Islanders to Reach Equity (ASPIRE) Network. The toolkit provides tips to help you quit, information on the benefits of

Populations that experience tobacco disparities are youth as well as adult African Americans, Latinxs, Asian Americans, Native Hawaiians and Pacific Islanders, Native Americans/Alaska Natives, LGBTQ people, people from non-urban areas, people with lower socio-economic status, as well as those with behavioral health conditions (mental health/addiction). [READ](#)

Upcoming NCCRT Webinar

Date: January 30, 2020
Time: 12:00 - 1:00 PM ET
Organized by the National
Colorectal Cancer

quitting, and resources such as the *Déjelo Ya* Quitline and the Asian Smokers Quitline to help you take the next step into quitting. To download a copy of the toolkit click [HERE](#).

Nuestras Voces Membersip



Roundtable

This webinar will look at the latest data that informs how we are doing as a nation with our efforts to reach an 80% colorectal cancer screening rate. The webinar will include a review of the key colorectal cancer screening data sets: BRFSS, NHIS, HEDIS, and UDS. Participants will hear from experts as they give an update on where we are progressing and where we still need to focus, to help inform your work ahead. [REGISTER](#)

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