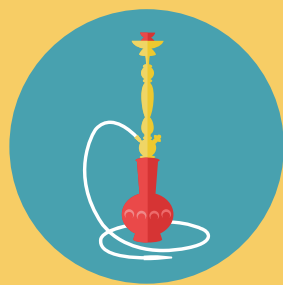


SMOKING, VAPING, AND COVID-19



USING TOBACCO PRODUCTS CAN INCREASE THE SEVERITY OF ILLNESS AMONG COVID-19 PATIENTS

SMOKING CAN CAUSE:



Lung Disease

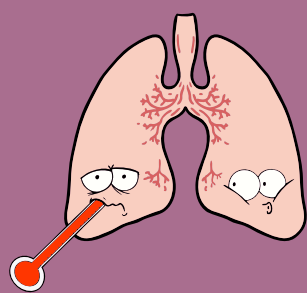
Heart Disease

Cancer

Diabetes

People with these conditions are among those at higher risk for severe illness with COVID-19

VAPING (E-cigs, E-Hookah, E-Juice, Juuling, Vape Pens, Mods, Tank Systems, and Electronic Nicotine Delivery Systems-ENDS)



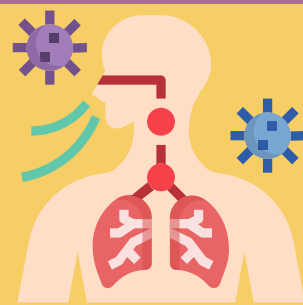
E-cigarette aerosol can contain chemicals that harm the lungs.

Vaping also exposes lungs to metallic vapors created by heating the coils in the device.

Vaping has been associated with shortness of breath, acute lung injury, COPD, and asthma.

COVID-19 IS AN INFECTIOUS DISEASE THAT ATTACKS THE LUNGS

COVID-19 transmission risk increases when people engage in behaviors that increase the likelihood of transferring respiratory droplets and/or touching their faces or mouths.



IT'S ALWAYS A GOOD TIME TO QUIT, BUT THERE HAS NEVER BEEN A BETTER TIME TO DO IT.

TO HELP YOU QUIT: Call for free support



- 1-800-QUIT-NOW (1-800-784-8669)
- 1-855-DÉJELO-YA (ESPAÑOL)
- 1-800-838-8917 (廣東話/广东话、國語/国语)
- 1-800-556-5564 (한국어)
- 1-800-778-8440 (TIẾNG VIỆT)



Access free online resources:

- CDC: cdc.gov/tips
- NCI: smokefree.gov

Sources: CDC, NIDA