

What YOU Can Do to Prevent Cervical Cancer

- Get vaccinated. The HPV vaccine is recommended for girls and women between 9-26 years of age, and boys between 13-21 years of age.
- Schedule regular Pap test with your healthcare provider.
- Make sure to follow-up with your healthcare provider if your Pap test results are not normal. Talk to your healthcare provider about your options.
- Do not smoke; smoking also increases your risk for cervical cancer.

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Call us at **1-866-783-2645** to find a health care provider offering free or low cost HPV vaccines and Pap tests at a location near you, and receive a **FREE** booklet on cervical cancer.